

What's on

July 2025 - Angus



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink and company, feel free to pop in. If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

Angus Groups		
Tuesday 1 st July	Football Memories Gayfield, Arbroath Football Club	2pm – 3.30pm
Wednesday 2 nd July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 2 nd July	Down Memory Lane Arbroath Demetia Resource Centre	2pm – 3.30pm
Thursday 3 rd July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 3 rd July	Carnoustie Tea & Blether Comrie Hall, Carnoustie	2pm – 3.30pm
Friday 4 th July	Singing Cafe Arbroath Dementia Resource Centre	10.30am – 12 noon
Friday 4 th July	Monifieth Tea & Blether Monifieth Activity Centre (MAC)	2pm – 3.30pm
Tuesday 8 th July	Arts and Crafts Arbroath Dementia Resource Centre	2pm – 3.30pm
Wednesday 9 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 9 th July	Carnoustie Walking Group with Angus Alive Meet at the Carnoustie Sports Centre	2pm - 4pm
Thursday 10 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Friday 11 th July	Singing Cafe Arbroath Dementia Resource Centre	10.30am – 12 noon
Monday 14 th July	Men's Social Group Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 15 th July	Music and Movement Arbroath Dementia Resource Centre	2pm – 3.30pm
Wednesday 16 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 16 th July	Brechin Tea & Blether JARS Community Hub	2pm – 3.30pm
Thursday 17 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon

Friday 18 th July	Singing Cafe Arbroath Dementia Resource Centre	10.30am – 12 noon
Friday 18 th July	Birkhill Tea & Blether Millennium Hall, Birkhill	2pm – 3.30pm
Wednesday 23 rd July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 24 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 30 th July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 31 st July	Tea & Blether Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 31 st July	Let's Boogie British Legion Club, Arbroath	2pm – 4pm

Carer Groups		
Tuesday 1 st July	Brechin Carers Group Jenner Centre, 24 Clerk Street, Brechin	2pm – 3.30pm
Wednesday 2 nd July	Men's Carers Group Townhouse, 99 High Street, Arbroath	2pm – 3.30pm
Tuesday 8 th July	Carnoustie Carers Group Kinloch Care Centre, Kinloch St, Carnoustie	10.30am -12noon

Contact details for groups:

Rosemary Moncur – 07585 700902 - rmoncur@alzscot.org

Angus Dementia Resource Centre – 01241 431770

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

24 HOUR


Alzheimer Scotland
Action on Dementia

Dementia

Helpline

Freephone 0808 808 3000
Email helpline@alzscot.org