



If you think someone is in immediate danger, phone the Police on **999**.

If you need to access help or support or you are concerned about someone else in Angus, do not hesitate to seek support.

Concerns about an adult at risk:

Angus Council ACCESSLine: **03452 777 778**
This service is available Monday to Friday, 8.45am to 5pm

Concerns about a child at risk:

Angus Council ACCESSLine: **03452 777 778**
This service is available Monday to Friday, 8.45am to 5pm
#KeepingKidsSafeC19

Support for children:

Childline offers free, confidential advice and support whatever your worry, whenever you need help: **0800 1111**
www.childline.org.uk/get-support/contacting-childline/message-from-childline/
NSPCC Helpline - If you're worried about a child, even if you're unsure, contact our professional counsellors for help, advice and support: **0808 800 5000**

Out of hours:

Contact outwith daytime hours can be directed to: Social Work Out of Hours Service: **01382 307964**
(evenings between 4.45pm and 9am, weekends)

Substance use:

Please see online for the wide variety of resources available:
www.angus.gov.uk/alcoholanddrugpartnership

Support for women:

Angus Women's Aid (AWA): **01241 439437**
Tayside Domestic Abuse Service: **0771 447 4112**
Women's Rape and Sexual Abuse Centre (WRASAC), Dundee and Angus: **01382 201291**
Scotland's Domestic Abuse and Forced Marriage Helpline: **0800 027 1234**
Scottish Women's Aid: **0800 027 1234**
National Rape Crisis: **0808 801 0302**
Rape Crisis Scotland Textline: **07537 410027**

Support for men:

Respect, Men's Advice Line (Scotland): **0808 801 0327**
Survivors UK: **0203 598 3898**

Victim support:

Angus: **01241 878507**
National Helpline: **0800 160 1985**

Additional information:

Angus Council Housing: **03452 777 778**
Voluntary Action Angus: **01307 466113**

Suicide Prevention is Everybody's Business
Visit the website or download the free app



Contacts



About Suicide



How to Help



Safety Plan

Suicide? Help!

www.suicidehelp.co.uk

Samaritans: 116 123

Breathing Space: 0800 83 85 87

